

EAPC Symposium: Sports Cardiology Course 2026 – 01 September 2026					
TUM Campus im Olympiapark					
	Presentations	Presenter/Chair	Instructions	Comments	
7.30-8.00	Registration / Welcome coffee and tea				
8.00-8.05	Welcome	M. Halle S. Castelletti			
8.05-8.15	Sports Cardiology in Munich	M. Halle			
Topic 8.15-9.30	Elevated troponin levels in athletes – normal or abnormal?				
Chairs		A. La Gerche J. Scherr			
8.15-8.30	Elevated Troponin levels after marathon – clinical significance from Munich Marathon studies	J. Schoenfeld	15' talk		
8.30-8.45	Case: Elevated troponin levels in an asymptomatic athlete – diagnostic algorithm	S. Wernhart/S. Zenk	15' talk		
8.45-9.15	Debate: Elevated Cardiac Troponin Levels in Athletes are pathological – Pro/Con	S. Sharma T. Eijsvogels	Pros 15' Cons 15'		
9.15-9.30	Panel discussion	A. La Gerche J. Scherr	15' discussion		
Topic 9.30-10.25	Valvular Heart Disease in Sports Cardiology				
Chairs		F. D'Ascenzi I. Fegers-Wustrow			
9.30-9.50	Case and overview: Mitral valve prolapse and mitral regurgitation – considerations for sports eligibility	S. Gati	20' talk		
9.50-10.10	Case and overview: Bicuspid valve, aortic regurgitation and enlarged ventricle in an elite athlete – considerations for sports eligibility	A. Baggish	20' talk		
10.10-10.25	Panel discussion	F. D'Ascenzi I. Fegers-Wustrow	15' discussion		
10.25-11.00	Coffee break – Guided tour through campus				
Topic 11.00-12.00	Coronary Disease in Sports Cardiology				
Chairs		M. Borjesson V. Maestrini			
11.00-11.15	Case and overview of coronary plaques: Master athlete with a	H. Jorstad	15' talk		

	coronary plaque – Treatment of risk factors and sports recommendations				
11.15-11.30	Case and overview of coronary ischaemia: AAOCA/Muscle bridge – Diagnostic algorithm and exercise intensity recommendations	F. D'Ascenzi	15'talk		
11.30-11.45	Case and overview of MINOCA in a young athlete: Treatment strategies and recommendation for Return to play	Ch. Schmied	15'talk		
11.45-12.00	Panel discussion	M. Borjesson V. Maestrini	15'discussion		
Topic 12.00-12.30	Myocarditis and Sports Recommendations				
Chairs		S. Sharma M. Papadakis			
12.00-12.30	Myocarditis and Return to play – From pathophysiology to clinical recommendations	M. Sanz-de la Garza	20'talk 10'discussion		
12.30-13.30	Lunch – Guided tour through outpatient clinic				
Topic 13.30-14.50	Cardiomyopathy in Sports Cardiology				
Chairs		A. Baggish S. Gati			
13.30-14.00	Debate: Exercise recommendations in HCM – There are (almost) no limits!	M. Papadakis A. La Gerche	Pros 15' Cons 15'		
14.00-14.10	Panel discussion	A. Baggish S. Gati	10'		
14.10-14.30	Talk: Arrhythmogenic Cardiomyopathy: Update on Exercise Recommendations and Findings from Invasive Exercise Hemodynamics and Electrophysiology	S. Wernhart	15' talk 5'discussion		
14.30-14.50	Cases: Phenotype-Negative Carriers of Cardiac Disease Variants - Sports Eligibility and Surveillance	G. Finocchiaro	15'talk 5'discussion		
Topic 14.50-16.10	Sports Rhythmology and ECG Quiz				

Chairs		A. Zorzi A. Pelliccia			
14.50-15.05	Case: Channelopathy and Sports Eligibility	S. Castelletti	10'talk 5'discussion		
15.05-15.20	VES diagnostics and clinical significance in athletes	A. Zorzi	10'talk 5'discussion		
Chairs	ECG Quizz	M. Abela H. Rasmusen			
15.20-16.10	Presentation of 10-12 ECGs and voting	I. Fegers-Wustrow F. Stegmüller M. Eckmann	10x5' ECG presentation		
Topic 16.10-16.40	Winter Sports Cardiology				
Chairs		J. Niebauer H. Rasmusen			
16.10-16.25	The heart of the winter athlete	D. Niederseer	10'talk 5'discussion		
16.25-16.40	Sports Cardiology at moderate and high altitude	C. Lang	10'talk 5'discussion		
Topic 16.40-16.55	Aorta in Sports Cardiology				
Chairs		S. Wernhart M. Abela			
16.40-16.55	Aorta and Exercise	M. Haykowsky	10'talk 5'discussion		
Topic 16.55-17.20	Shared Decision Making in Sports Cardiology				
Chairs		A. Baggish T. Bauer			
Key note 16.55-17.20	Guidelines evolution from ESC 2020 to ACC 2025 and the role of shared decision making	A. Pelliccia	20'talk 5'discussion		
17:20-17:30	Closing	M. Halle			
End					

EAPC Symposium: Sports Cardiology Course 2026 – 01 September 2026

This full-day course in sports cardiology, held directly after the ESC Congress, offers cutting-edge insights, practical discussions, and excellent networking opportunities. It will take place on September 1, 2026, in Munich, either on-site at the TUM Campus im Olympiapark (Am Olympiacampus 11, 80809 Munich) or online.

Course Director: Prof. Martin Halle, Preventive Sports Medicine and Sports Cardiology, TUM University Hospital, Am Olympiacampus 11, 80809 Munich, Germany

Organization: Prof. Halle, Pascale Heim-Ohmayer, Preventive Sports Medicine and Sports Cardiology, TUM University Hospital, Munich, Germany; contact: pascale.heim-ohmayer@mri.tum.de, 089 289 24431

Speakers and Chairs:

- Silvia Castelletti, Hospital Santa Maria della Misericordia, Udine, Italy
- Martin Halle, Preventive Sports Medicine and Sports Cardiology, TUM University Hospital, Munich, Germany
- Andre La Gerche, St Vincent's Hospital, Melbourne, Australia
- Johannes Scherr, University Center for Prevention and Sports Medicine, Zurich, Switzerland

- Julia Schoenfeld, Preventive Sports Medicine and Sports Cardiology, TUM University Hospital, Munich, Germany
- Simon Wernhart, Preventive Sports Medicine and Sports Cardiology, TUM University Hospital, Munich, Germany
- Sebastian Zenk, Synlab Laboratory, Augsburg, Germany
- Sanjay Sharma, St George's, University of London, United Kingdom
- Thijs Eijvogels, Radboud University Medical Centre, Nijmegen, Netherlands
- Flavio D'Ascenzi, University of Siena, Siena, Italy
- Isabel Fegers-Wustrow, Preventive Sports Medicine and Sports Cardiology, TUM University Hospital, Munich, Germany
- Sabiha Gati, Royal Brompton Hospital, London, United Kingdom
- Aaron Leigh Baggish, University of Lausanne, Lausanne, Switzerland
- Mats Borjesson, Sahlgrenska Academy, Gothenburg, Sweden
- Viviana Maestrini, Sapienza University of Rome, Rome, Italy
- Harald Jorstad, University of Amsterdam, Amsterdam, Netherlands
- Christian Schmied, University Hospital Zurich, Zurich, Switzerland
- Michael Papadakis, St George's University of London, London, United Kingdom
- Maria Sanz-de la Garza, Hospital Clinic of Barcelona, Barcelona, Spain
- Gherardo Finocchiaro, St George's Hospital, London, United Kingdom
- Alessandro Zorzi, University of Padua, Padova, Italy
- Antonio Pelliccia, Institute of Sports Medicine and Science CONI, Rome, Italy
- Mark Abela, Mater Dei Hospital of Malta, Msida, Malta
- Hanne Rasmusen, University of Copenhagen, Denmark
- Felix Stegmüller, Preventive Sports Medicine and Sports Cardiology, TUM University Hospital, Munich, Germany
- Josef Niebauer, University Hospital Salzburg, Salzburg, Austria
- David Niederseer, Hochgebirgsklinik, Davos, Switzerland
- Cajetan Lang, Preventive Sports Medicine and Sports Cardiology, TUM University Hospital, Munich, Germany
- Mark Haykowsky, University of Alberta, Canada
- Timm Bauer, Sana Hospital Offenbach, Offenbach, Germany